

# CONSTANCE MOOFUSHI

MALDIVES

Welcome to Constance Moofushi Maldives. We are delighted that you have chosen us for your holiday. To assist you to familiarize yourself with the facilities, services and activities available to you during your stay, you will find in this "Weekly Times" some useful information.

Please do not hesitate to contact us at the reception for any assistance, we will be more than happy to guide you and make your stay a memorable one.



## Important Information

### DAILY FOGGING

In order to protect you from insects and mosquitoes, the island is being fogged every day **between 17:00 to 19:00**

### CREEPY & CRAWLY

As Moofushi is a natural island we have inhabitants like small crabs, hermit crabs and lizards. To avoid having visitors in your villa we recommend to close the doors at any time.

### USAGE OF DRONES

Drone usage at Constance Moofushi, Maldives is permitted under supervision. Should you wish to use a drone during your stay please contact our Front Desk prior to any drone operation for permission and guidelines. We appreciate your understanding and respect for the privacy of all guests as we collectively create a harmonious, enjoyable environment.

### STRONG CURRENT

Sea conditions may vary from time to time. We, therefore, request you to check with Blue tribe Dive Centre about the safest places to go for snorkeling and water sports activities. We also strongly recommend to wear life jackets at all times in the ocean.

### PROTECT THE ENVIRONMENT

Please pay attention to your fins. If you want to stand, find a sandy place.  
Do not touch, hang or lean on corals or any wildlife.  
Fishing is not allowed any where on the island.  
Thank you for helping us protect our environment.

### DRESS CODE

Casual Island Chic clothing should be worn in all restaurant areas for breakfast, lunch and dinner.  
Swimming attire, slim vest and short shorts are not permitted.  
Please respect the Maldivian law; Sunbathing topless on beaches is not allowed .

## Did You Know ?

*Maldives weather is generally warm and humid. Sun shines all year through. Average temperature around 29 - 32 degrees Celsius. Ideal clothing: Lightweight cottons and linens throughout the year.*

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## WELLNESS & RECREATION



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A simple, pure and unique Spa Experience offering natural healing and nurturing beauty from within. All of our oils, scrubs and wraps have been created to a unique formula for Constance Spa.

09:00 to 21:00 (Spa) - Visit Our Spa for Booking , info & special packages  
24 hours (Gym) - Accessible with your room key card.

### Wellness Wednesdays

Book any 60minutes spa treatments & get:

Complimentary 30 minutes Facial or foot massage

*\*Prices are subject to 10% service charge & 16% GST\**

*\*Promotion cannot be enjoyed in conjunction with other promotions or privileges*



## RESTAURANTS & BAR

Please contact our Reception Team to arrange a table on your preferred evening.

**Dinner** 19:30 to 22:00

### (Pool & Beach)

Settle down in a very casual and relaxing atmosphere around our Pool & Beach area. An ideal spot with a superb natural beauty and nature filled aura.

**Bar Open** 10:30 to 23:00

**Lunch** 12:30 to 15:30

**Afternoon Tea** 16:00 to 18:00

#### Dress Code

Relaxed

Enjoy in the Main Restaurant with your feet in the sand our International Buffets and Themed Nights. A trip around the world with live cooking stations.

**Breakfast** 07:30 to 10:30

**Lunch** 12:30 to 14:30

**Dinner** 19:30 to 22:00

#### Dress Code

Smart Casual

**Sleeveless shirts (gentlemen) & Swimsuit not allowed**

Relax on our comfortable bar loungers whilst sipping our every day surprise cocktail and drinks with your feet in the sand and enjoy our trendy entertainment program in the evening.

**Bar Open** 10:30 to 00:30



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## DIVING & EXCURSIONS

Discover the excitement, fun, treasures and beauty of the underwater world in the Indian Ocean with the assistance of Blue tribe Dive Center.

Grab your Snorkeling Set courtesy of **BLUE TRIBE**

**Opening Hours: 08:00 to 13:00**  
**14:00 to 20:00**

You are also invited to get first hand info about our free crystal package excursions, free snorkel and scuba dive introductions, where the best snorkeling sites are, how to avoid the tidal currents and about our beautiful but fragile coral reefs here around Moofushi.

*Please contact the Diving Centre **BLUE TRIBE**, for more information about Diving & Excursions*

## WATER SPORTS

Enjoy the adventures in the water at **BOATHOUSE** whether by canoe, kayak or Pedalo with the assistance of Blue tribe Dive Center. Pre-booking for all boat activities to be at **BLUE TRIBE**

**Opening Hours: 09:00 to 13:00**  
**14:00 to 18:00**

## SHOPPING

Discover at **BLUEOCEANN** the range of Handcrafted souvenirs that you can take home with you. Especially designed to reminisce your precious and memorable stay in the island.

**Opening Hours: 09:00 to 22:30**

**SIFANI** makes timeless jewelry, each piece showcasing love for vibrant colors and wearable designs

**Opening Hours: 09:30 to 14:00**  
**18:00 to 22:00**



**BLUEOCEANN**  
maldives



# CONSTANCE MOOFUSHI

MALDIVES

## MONDAY

### Restaurants & Bars

Manta Restaurant "ASIAN FUSION" & Manta Bar

Totem A La Carte Lunch & Bar

Alizée A La Carte Dinner

**Fitness Max Muscle Workout** 08:00 to 08:30

(Meeting point at Gym)

**Complimentary - Reservation required**

**Regular Group Yoga at Yoga Pavilion** 08:00 to 09:00

Sunrise Yoga **20\$++ Reservation required**

**Wine Tasting with our Sommelier** 18:00 to 19:00

(Meeting Point at Manta Restaurant)

**No reservation required**

**Regular Group Yoga at Yoga Pavilion** 18:00 to 19:00

Sunset Yoga **20\$++ Reservation required**

**Sea Turtles & Sustainability Presentation** 19:00 to 19:30

(Meeting Point at Manta Bar)

**No reservation required**

**EXCURSIONS** (depending on request & timing flexible):

- Snorkeling Extravaganza 09:30 to 12:30

**(not included in package)**

- Manta Snorkeling (seasonal) 15:00 to 17:00

**(not included in package)**

- Dolphin Adventure 17:30 to 19:00

- Sunset Cruise 18:30 to 20:00

- BBQ fishing dinner 19:00 to 21:45

**(not included in package)**



## TUESDAY

### Restaurants & Bars

Manta Restaurant "OCEAN CATCH" & Manta Bar

Totem A La Carte Lunch & Bar

Alizée A La Carte Dinner

**Regular Group Yoga at Yoga Pavilion** 08:00 to 09:00

Sunrise Yoga **20\$++ Reservation required**

### Back of House Tour

(Meeting Point at 10:55 at Reception)

11:00 to 11:30

**Flip flops & reservation required**

### Cocktail Class at Totem Bar

18:00 to 19:00

**No reservation required**

### Regular Group Yoga at Yoga Pavilion

Sunset Yoga **20\$++ Reservation required** 18:00 to 19:00

**EXCURSIONS** (depending on request & timing flexible):

- Whale Shark Excursion 08:30 to 13:30

**(not included in package)**

- Snorkeling Extravaganza 09:30 to 12:30

**(not included in package)**

- Dolphin Adventure 17:30 to 19:00

- Stargazing Cruise 21:30 to 23:00

**(not included in package)**



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# CONSTANCE MOOFUSHI

## MALDIVES

### WEDNESDAY

#### Restaurants & Bars

Manta Restaurant "INDIAN / SRI LANKAN" & Manta Bar  
Totem A La Carte Lunch & Bar  
Alizée A La Carte Dinner

**Fitness Flexibility Workout** 08:00 to 08:30  
(Meeting point at Gym)  
**Complimentary - Reservation required**

**Regular Group Yoga at Yoga Pavilion** 08:00 to 09:00  
Sunrise Yoga **Complimentary**  
**Reservation required**

**Introduction to Moofushi Reef** 10:00 to 11:00  
(Meeting Point at Manta Bar)  
**Snorkeling equipment & booking required.**

**Coconut Refresher at Blue Lounge** 11:00 to 11:30  
**No reservation required**

**Regular Group Yoga at Yoga Pavilion** 18:00 to 19:00  
Sunset Yoga **Complimentary**  
**Reservation required**

**Whale Shark & Sustainability Presentation** 19:00 to 19:30  
(Meeting Point at Manta Bar)  
**No reservation required**

#### EXCURSIONS (depending on request & timing flexible):

- Snorkeling Extravaganza 09:30 to 12:30  
**(not included in package)**
- Full Day Snorkeling & BBQ 09:30 to 15:00  
**(not included in package)**
- Sandbank Magic 17:30 to 19:00
- Sunset Snorkeling 19:00 to 20:30  
**(not included in package)**
- BBQ Fishing Dinner 19:00 to 21:45  
**(not included in package)**

### THURSDAY

#### Restaurants & Bars

Manta Restaurant "ITALIAN" & Manta Bar  
Totem A La Carte Lunch & Bar  
Alizée A La Carte Dinner

**Regular Group Yoga at Yoga Pavilion** 08:00 to 09:00  
Sunrise Yoga **20\$++ Reservation required**

**Back Of House Tour** 11:00 to 11:30  
(Meeting Point at 10:55 at Reception)  
**Flip flops & reservation required**

**Wine Tasting with our Sommelier** 18:00 to 19:00  
(Meeting Point at Manta Restaurant)  
**No reservation required**

**Regular Group Yoga at Yoga Pavilion** 18:00 to 19:00  
Sunset Yoga **20\$++ Reservation required**

#### EXCURSIONS (depending on request & timing flexible):

- Snorkeling Extravaganza 09:30 to 12:30  
**(not included in package)**
- Manta Snorkeling (seasonal) 15:00 to 17:00  
**(not included in package)**
- Dolphin Adventure 17:30 to 19:00



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## FRIDAY

### Restaurants & Bar

Manta Restaurant "MIDDLE EASTERN" & Manta Bar  
Totem A La Carte Lunch & Bar  
Alizée A La Carte Dinner



### Fitness Island Run

(Meeting point at Gym)

**Complimentary - Reservation required**

08:00 to 08:30



### Regular Group Yoga at Yoga Pavilion

Sunrise Yoga **20\$++ Reservation required**

08:00 to 09:00



### Regular Group Yoga at Yoga Pavilion

Sunset Yoga **20\$++ Reservation required**

18:00 to 19:00



### Cocktail Class at Totem Bar

**No reservation required**

18:00 to 19:00



### Flair Show at Manta Bar

22:00 to 22:30



### EXCURSIONS (depending on request & timing flexible):

- Snorkeling Extravaganza 09:30 to 12:30  
**(not included in package)**

- Local Village 17:00 to 19:00

- Sunset Cruise 18:30 to 20:00

- BBQ fishing dinner 19:00 to 21:45

**(not included in package)**



## SATURDAY

### Restaurants & Bar

Manta Restaurant "INTERNATIONAL CUISINE" & Manta Bar  
Totem A La Carte Lunch & Bar  
Alizée A La Carte Dinner



### Regular Group Yoga at Yoga Pavilion

Sunrise Yoga **20\$++ Reservation required**

08:00 to 09:00



### Back of House Tour

(Meeting Point at 10:55 at Reception)

**Flip flops & reservation required**

11:00 to 11:30



### Regular Group Yoga at Yoga Pavilion

Sunset Yoga **20\$++ Reservation required**

18:00 to 19:00



### Coral Reef & Sustainability Presentation

(Meeting Point at Manta Bar)

**No reservation required**

19:00 to 19:30



### EXCURSIONS (depending on request & timing flexible):

- Whale Shark Excursion 08:30 to 13:30  
**(not included in package)**

- Snorkeling Extravaganza 09:30 to 12:30

**(not included in package)**

- Dolphin Adventure 17:30 to 19:00



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## SUNDAY

### Restaurants

Manta Restaurant "MALDIVIAN & BEYOND CUISINE" & Manta Bar  
Totem A La Carte Lunch & Bar  
Alizée A La Carte Dinner



### Fitness Pilates Workout

(Meeting point at Gym)

**Complimentary - Reservation required**

08:00 to 08:30



### Regular Group Yoga at Yoga Pavilion

Sunrise Yoga **20\$++ Reservation required**

08:00 to 09:00



### Introduction to Moofushi Reef

(Meeting Point at Manta Bar)

**Snorkeling equipment & booking required.**

10:00 to 11:00



### Coconut Refresher at Blue Lounge

11:00 to 11:30



### Regular Group Yoga at Yoga Pavilion

Sunset Yoga **20\$++ Reservation required**

18:00 to 19:00



### Maldives in a Coconut Shell

Maldivian Culture Presentaion

**Meeting Point at Manta Bar**

19:00 to 19:30



### EXCURSIONS (depending on request & timing flexible):

- Snorkeling Extravaganza

**(not included in package)**

- Sandbank Magic

- Sunset Snorkeling

**(not included in package)**

09:30 to 12:30

17:30 to 19:00

19:00 to 20:30



## COME & TRY ...

### Flowers

Celebrate your love with a beautiful bouquet of flowers.

**Please feel free to contact us at the reception for more information.**

### Underwater Photo & Video Shooting

BlueTribe Diving Centre also offers private photo & video session.

**Please feel free to contact us at the Diving Centre for more information.**

### Food & Beverage specials

Selection of Romantic dinner setup, Sunset Cocktail, Apero on the Beach, Private cooking class, Local sailing Dhoni Breakfast/sunset, Cinefushi, Lagoon Breakfast/Lunch & (when available), Floating Breakfast & The Magical Sandbank experience...

**Please feel free to contact us at the reception for more information.**

### Bath Menus

For Senior Water Villas, enjoy a romantic bath, a special treat for the senses.

**Please contact our Reception Team for more details.**

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